

Risk Assessment – Bodyboarding

Updated - 14.02.18

Required Instructor Competence	<ul style="list-style-type: none"> • Level 3 National Water Safety Management or Trained and assessed in lifesaving and coastering skills by a technical advisor(s). • Deemed competent in line with the Land & Wave Training Framework
Ratios	<ul style="list-style-type: none"> • 1:10

Identified Hazards	Who is at risk?	Example Causes	Control Measures
Drowning	Instructors & All Participants/Group Leaders	<ul style="list-style-type: none"> • Poor safety briefing. • Poor monitoring • Equipment Failure 	<ul style="list-style-type: none"> • Awareness of weather/sea conditions • Effective safety briefing • Water confidence test • Equipment to be visually checked prior, during and after the activity. • Buoyancy aid to be worn when in water not attached to a body board
Personal Injury E.g. Slips, Cuts, Head Injuries, strained backs	Instructors & All Participants/Group Leaders	<ul style="list-style-type: none"> • Beach related debris, sharps, rocks • Participant collision 	<ul style="list-style-type: none"> • Instructor to provide health and safety briefing(s) to prevent injuries • Instructor to hold first aid qualification and carry first aid kit.
Difficulty controlling body temperature	Instructors & All Participants/Group Leaders	<ul style="list-style-type: none"> • Submersion. • Cold, wet days. • Hot, sunny day. 	<ul style="list-style-type: none"> • Wetsuits to be provided when appropriate • Appropriate group safety equipment to be carried – e.g. shelter, warm clothes, water etc.