

Risk Assessment – Crabbing

Updated - 14.02.18

Required Instructor Competence	<ul style="list-style-type: none"> • Land & Wave Training • First Aid Certificate
Ratios	<ul style="list-style-type: none"> • 1:20

Identified Hazards	Who is at risk?	Example Causes	Control Measures
Personal Injury E.g. Slips, Cuts, Twisted Ankles, Spinal Injuries, Broken Bones	Instructors & All Participants/Group Leaders	<ul style="list-style-type: none"> • Lack of care and attention close to the water. • Inappropriate supervision. 	<ul style="list-style-type: none"> • Instructor to provide health and safety briefing to prevent injuries where appropriate. • Instructor to monitor behaviour and proceedings carefully. • Instructor to carry first aid kit.
Drowning	Instructors & All Participants/Group Leaders	<ul style="list-style-type: none"> • Poor briefing • Inappropriate behaviour • Poor choice of location 	<ul style="list-style-type: none"> • Instructor to provide health and safety and the need for appropriate behaviour. • Careful monitoring • Recognition of sea state and suitable locations and conditions
Difficulty controlling body temperature (Hyperthermia/Hypothermia)	Instructors & All Participants/Group Leaders	<ul style="list-style-type: none"> • Cold, wet windy days. • Hot, sunny days • Inappropriate clothing 	<ul style="list-style-type: none"> • Appropriate clothing to be worn / carried. • Use of sun cream to be encouraged. • Appropriate group safety equipment to be carried – e.g. shelter, warmth etc.

N.B. This Risk Assessment in no way negates the need for continual dynamic risk assessment