

DUKE OF EDINBURGH GOLD RESIDENTIAL KIT LIST



You will need:

Walking boots / shoes
Walking trousers / leggings
Base layers / T-shirts
Jumpers/ Warm layers
Jeans / trousers
Shorts
Woolly hat (evenings get cooler)
and/or sun cap
Fleece / Jumper
Waterproof coat
Waterproof trousers (if have them but
not essential)
Towel for showers
Towel for beach / water activity
Swimming shorts / costume
Old trainers that can get wet
Flip flops

ACCOMMODATION

Sleeping bag
Pillow
Warm pyjamas
Casual clothes for camp
(tracksuits etc)

TOP TIPS

There is at least one day in the
woods - the woods and white DO
NOT mix.
Leave white, new, nice trainers at
home and bring things that you
don't mind getting muddy!

Water bottle (1-2 litres & labelled)
Notebook and pencil
Toothbrush & toothpaste
Shower toiletries
Sunglasses & suncream
Small day rucksack

ACTIVITY ADVICE

For all water activities we provide:
Wetsuit
Buoyancy Aid
Helmet (for Coasteering)
Wetsuit gloves & socks

For water activities you will need -
Swimming stuff
Towel
Shoes / trainers that can get wet

For land activities you will need -
Shoes that can get muddy
Waterproof coat
Active / weatherproof clothes

For evening activities -
Evenings are quite relaxed so just
something casual that you're comfy
in and for some sports games